



For all these reasons:

- Aim at a full time, insured job position in order to fulfill the retirement requirements.
- Remember that the more years you work without insurance, the lower your pension will be.
- Remember that you need at least 15 years of work with insurance to get a pension.
- Do not rest on family income.
- Share caring responsibilities for children and/or older people with your partner.



Addressing the Gender Pension Gap in Greece

Get information:

“Addressing the Gender Pension Gap in Greece” - PEGASUS Project

 www.sintaxi.isotita.gr



MINISTRY OF LABOUR AND SOCIAL AFFAIRS
GENERAL SECRETARIAT
FOR FAMILY POLICY AND
GENDER EQUALITY



Addressing the Gender Pension Gap in Greece

General Secretariat for Family Policy and Gender Equality (GSFPGE)

 www.isotita.gr

National Center for Social Research (EKKE)

 www.ekke.gr

Gender Equality Research Center (KETHI)

 www.kethi.gr

Did you know?

Women in Greece earn a much lower pension than men.

In 2019, women's pension was 24,5% lower than men's pension. Women are also less likely to meet retirement requirements.

This difference between men's and women's pensions is called the gender pension gap.

The main causes of the pension gap are gender stereotypes and gender segregation in the labor market.

What can you do about it?

www.sintaxi-isotita.gr



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Did you know?

- Part-time work **reduces the amount of your future pension.**
- **Abstaining from work** or **working without insurance** for even just a year can **significantly reduce your future pension.**

Women tend to accept part time jobs or quit their jobs in order to be able to take care of their family.

Retirement requirements are:

- **62 years** of age and completed insurance time (insurance stamps) of at least **40 years** or **12,000 days**
- or
- **67 years** of age and completed insurance time (insurance stamps) of at least **15 years** or **4,500 days**



Did you know?

- **The higher your salary is today, the higher your pension will be in the future.**

The amount of your pension is calculated on the basis of the salaries you earned from 2002 onwards.

Women face glass-ceiling and gender stereotypes when aiming to a promotion or a high salary job.

- **The earlier you retire before 67 years of age, the lower your pension will be.**

Your pension is reduced by 6% for each year that your retirement age is less than 67 years (except in the case of a full contributory period of 40 years). The amount of your national pension is also reduced by 2% yearly for a contributory period between 19 and 15 years.



Did you know:

- The **amount of the national pension** of all insured persons (natives or foreigners) **is reduced by 2,5% penalty** for each year below the **40 years of permanent residence required.**

Make the right choices

today to secure
a **better pension**
tomorrow!